



**October 8, 2020**

### **Family Week: October 5-11**

The province of British Columbia has proclaimed **October 5th to 11th**, 2020 as **National Family Week**. The theme of Family Week across Canada this year is “**Stronger Together: Building Family Resilience.**” Building strong, resilient families is more important than ever as families are facing unprecedented challenges coping with the Covid-19 pandemic.

Learn more: <https://www.bccf.ca/bccf/news/the-province-of-british-columbia-has-proclaimed-october-5th-to-11th-2020-as-national-family-week/>

### **Upcoming Live Virtual Workshops**

#### **Engaging and Supporting Indigenous Fathers in A Group Setting 6-hour live virtual workshop November 2, 9 & 16**

The BC Council for Families is pleased to offer this new virtual training as a series of three two-hour workshops. It is designed to provide a foundation for starting a relevant and meaningful service that will engage and support Indigenous fathers in a group model.

Participants will gain insight into historical issues facing Indigenous fathers and how they are re-discovering their roles and responsibilities. The workshop will also focus on the impact of residential schools and colonization, research on Indigenous Fathers engagement and how to plan, facilitate and sustain a group. [https://shop.bccf.ca/catalogue/supporting-and-engaging-indigenous-fathers-in-a-group-setting-november-2020\\_1017/](https://shop.bccf.ca/catalogue/supporting-and-engaging-indigenous-fathers-in-a-group-setting-november-2020_1017/)

#### **Nobody's Perfect Parenting Facilitators Webinar 2.5-hour live virtual workshop**

## **November 3 & 4**

Join Nobody's Perfect Parenting BC for a webinar this November to review program concepts, gain fresh facilitation techniques and learn tips and strategies for offering programs during the pandemic. You will also have the chance to connect and collaborate with facilitators across the province.

[https://shop.bccf.ca/catalogue/nobodys-perfect-parenting-facilitators-webinar\\_1014/](https://shop.bccf.ca/catalogue/nobodys-perfect-parenting-facilitators-webinar_1014/)

## **Risk Management for Home Visitors**

**November 5-6**

**10-hour live virtual workshop**

Learn strategies to stay safe and healthy at your work with this one-day training developed specifically for home visitors in consultation with WorkSafeBC and an occupational health-care expert. Increase your knowledge about the risks of delivering social services in clients' homes, and learn how to assess and mitigate risk.

[https://shop.bccf.ca/catalogue/risk-management-for-home-visitors-live-virtual-training-november-2020\\_1016/](https://shop.bccf.ca/catalogue/risk-management-for-home-visitors-live-virtual-training-november-2020_1016/)

## **Boundary Practice: Patterns of Relating, Self-care and Somatic Awareness for Family Support Professional**

**6-hour live virtual workshop**

**November 17 & 19**

Boundaries are essential to practice in the helping professions, as they make caring sustainable, and protect skilled workers from compassion fatigue, vicarious traumatization and burnout.

In this workshop, participants will learn different kinds of boundary habits, the challenges they bring, and how to practice healthier boundaries in our work and in life. Through interactive exercises and practice scenarios, learn about different patterns of relating, and how to bring breathwork and somatic awareness to the practice of boundary and containment in our work as helpers.

[https://shop.bccf.ca/catalogue/boundary-practice-patterns-of-relating-self-care-and-somatic-awareness-for-family-support-professionals-live-virtual-workshop-november-2020\\_1012/](https://shop.bccf.ca/catalogue/boundary-practice-patterns-of-relating-self-care-and-somatic-awareness-for-family-support-professionals-live-virtual-workshop-november-2020_1012/)

## **Integrated Strategies for Home Visitors**

**12-hour live virtual workshop**

**November, 24-27**

Acquire new knowledge, tools, and techniques to support families (with children aged 0-6 years) in their homes in this core training developed by Great Kids, Inc.\* (GKI). In this hands-on, engaging, and informative program you'll learn about the protective factors that increase the health and well-being of children and families, as well as practical strategies to teach and strengthen these factors in the families you work with. Participants will receive a manual and international training certification from GKI.

[https://shop.bccf.ca/catalogue/integrated-strategies-for-home-visitors-november-2020\\_1000/](https://shop.bccf.ca/catalogue/integrated-strategies-for-home-visitors-november-2020_1000/)