

Supplementary Resources



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Pamphlets

Presenters may find some of the following pamphlets useful, depending on the audience. Most are free.

Comfort, Play & Teach: A Positive Approach to Parenting

An 18-page booklet that discusses everyday things that parents can do to ensure the healthy development of their children.

To order: www.getsetforlife.ca

The Early Years: The Precious Years!

This 16-page booklet was created by Mary Gordon and celebrates the learning process in a child's first six years. There is no charge for this publication. Contact BCCF for more details or to order copies. It is only available in BC.

To order: <http://www.bccf.bc.ca/>

The First Years Last Forever

This 4-page booklet *The First Years Last Forever: How you can make a difference in the life of your child* outlines how to create healthy parent-child relationships and promote brain development. (1999)

To order: Canadian Institute of Child Health, Resources and Publications at: http://www.cich.ca/index_eng.html

The Rights of the Child in the Health Care System

This pamphlet and accompanying poster present a revised set of how children's rights relate to the health care system and describes the relevant Article(s) from the UN Convention on the Rights of the Child.

To order: Canadian Institute of Child Health, Resources and Publications at: http://www.cich.ca/index_eng.html

What should your child be doing?

A booklet by Geordie Belinski meant to help parents and caregivers understand child development and the common milestones of the first five years of development. (2002)

To order: The Kelowna Child Care Society, phone (250) 762-3536 or go to www.kelownachildcare.com



Videos

You may want to consider incorporating video into your presentation.

Precious Minds - Nurturing Literacy in the Early Years

This video shows the value of reading to young children. It was created in partnership with the Kiwanis Club of Ottawa. (2000) (17 minutes)

To order: Canadian Institute of Child Health, Resources and Publications at:
http://www.cich.ca/index_eng.html

A Simple Gift: Comforting Your Baby

This is a unique Canadian video, which provides specific well-researched information about the importance of the infant attachment relationship. The main theme — when safety is threatened, the attachment system is activated and infants show attachment behaviours, such as, seeking contact, crying, clinging etc. At these times, the quality of caregiver response determines whether infants learn to feel safe and confident. Two resource guides are available:

1. *Guide for Parents and Other Caregivers* — Presents the message of the videotape in an easy-to-understand way using humour.
2. *Guide for Professionals* — Provides the background theory on which *A Simple Gift* is based along with suggestions for how to encourage parents to be more sensitive to cues of distress.

To order: <http://www.sickkids.on.ca/imp/video.asp>



Websites

These sites are recommended because they are especially rich sources of material and information that could be used to extend the focus of presentations.

Achieve BC, Early Child Development

This government website provides advice and information on early child development, including: pregnancy, the child's first year, toddlerhood and early childhood. From here you can access a number of resources for parents.

At: <http://www.gov.bc.ca> (click on the Achieve BC logo)

Atkinson Centre for Society and Child Development

This is a network of researchers, practitioners and policy makers that addresses three questions:

1. What do we really know about child development?
2. How do children grow up today?
3. How can we use what we now know to improve children's health, well-being, coping and competence?

The site has both interactive and print resources.

At: <http://www.acscd.ca/>

BC Aboriginal Child Care Society

The BC Aboriginal Child Care Society is a provincial organization serving Aboriginal early childhood programs throughout British Columbia. Their mission is to "build on our Nations past for our children's future." They provide training workshops, a lending library, rotating curriculum boxes, a travelling child care advisor, annual conferences, newsletters, etc.

At: <http://www.acc-society.bc.ca/>

BC Association of Family Resource Programs

The BC Association of Family Resource Programs supports its members in an effort to strengthen families and communities by fostering the healthy development of children within the context of the family.

At: <http://frpofbc.ca/>

BC Ministry of Community, Aboriginal and Women's Services, Child Care Services

Check this link for an overview of the BC government child care resources.

At: <http://www.mcaaws.gov.bc.ca/childcare/>

BC Council for Families

The BC Council for Families has worked since 1977 on behalf of families, and people who serve families, across the province. See their catalogue of publications and resources for sources of presentation materials.

At: www.bccf.bc.ca or call 1-800-663-5638 or (604) 660-0675.

BC Ministry Children and Family Development (MCFD)

Check the site for resources suited to the needs of your audience.

At: <http://www.bc.gov.ca> (Click on Ministries)

BrainWonders: Helping Babies and Toddlers Grow and Develop

This site is designed to provide parents, caregivers and pediatric/family clinicians with meaningful information about early brain development and how the relationships between babies and their caregivers can support intellectual and social-emotional development.

At: <http://www.zerotothree.org/brainwonders>

The Canadian Child Care Federation

The Canadian Child Care Federation (CCCF) is a national non-profit organization whose mission is to improve the quality of child care services for Canadian children and families. CCCF includes 16 regional affiliate organizations, independent members and other partner national organizations. The CCCF uses a variety of techniques to communicate amongst its members and to the larger child care community. Check for useful fact sheets and other publications.

At: <http://www.cccf-fcsge.ca/>

Canadian Institute of Child Health

This institute is dedicated to promoting and protecting the health, well being and rights of all children and youth through monitoring, education and

advocacy. See Resources and Publications for online resources that could be used to support presentations.

At: <http://www.cich.ca/about.html>

Centre of Excellence for Early Childhood Development

This is the website of the Canadian Early Childhood Research Committee (chaired by Dr. Ron Barr) which operates in partnership with the University of Montreal and Health Canada. It contains authoritative information on child development, especially in the areas of social and emotional development.

At: <http://www.excellence-jeunesenfants.ca/>

The Convention on the Rights of the Child

This site presents extensive information on this important agreement. Of special interest is the Parent's Questions section.

At: <http://www.unicef.org/crc/crc.htm>

The Early Childhood Educators of British Columbia

Early Childhood Educators of British Columbia (ECEBC) is the professional association for early childhood practitioners in BC. ECEBC is supported and directed by its members.

At: <http://www.cfc-efc.ca/ecebc/>

First Call: BC Child & Youth Advocacy Coalition

This is a cross-sectoral, non-partisan coalition made up of over 60 provincial organizations and 25 mobilizing communities. In addition, they have a network of thousands of community groups and individuals.

At: <http://www.firstcallbc.org/>

The Founder's Network

The Founders' Network links people from across Canada and in other countries. Its purpose is to promote the Canadian Institute for Advanced Research (CIAR), science and technology, early childhood, economic issues, determinants of health and human development. Visit the site for resources related to early child development and brain research.

At: <http://www.founders.net/>

The Human Early Learning Partnership (HELP)

This interdisciplinary international research partnership is contributing to new understandings and approaches in early child development. The site has many article and resources useful to facilitators. See Media/Fast Facts for information on child development.

At: <http://www.earlylearning.ubc.ca/index.html>

Infant Development Program and Aboriginal Infant Development Program of BC

Use these sites to find resources on infant development in British Columbia.

At: <http://www.idpofbc.ca/> and <http://www.aidp.bc.ca>

Invest in Kids

Invest in Kids is a national not-for-profit organization whose goal is to help families make the most of their children's first five years. They are dedicated to strengthening the parenting knowledge, skills and confidence to all those who touch the lives of our youngest children.

At: www.investinkids.ca

Motherisk

This Canadian site is a source for evidence-based information about the safety or risk of drugs, chemicals and disease during pregnancy and lactation.

At: <http://www.motherisk.org/>

Nobody's Perfect

Nobody's Perfect is a parenting education and support program for parents of children from birth to age 5. It helps parents develop the knowledge, skills and self-confidence essential to child-raising. It is hosted by the BC Council for Families.

At: http://www.bccf.bc.ca/programs/np_about.html

Pathways To Outcomes

The Pathways To Outcomes website is an extensive collection of information about "what works" to improve targeted outcomes for children and families. Use the site to check out ideas useful to community organizations.

At: <http://www.aecf.org/pathways/index.htm>

Research Network on Early Experience and Brain Development

Founded in 1998, the network explores how knowledge of brain development can guide us in our understanding of behavioral development and vice versa. It focuses specifically on sensitive periods and neural plasticity and how this knowledge can influence the decisions we make about intervening in the lives of children.

At: <http://www.macbrain.org>

Westcoast Child Care Resource Centre

A non-profit organization that contributes to communities by supporting families, promoting equality for children, and strengthening and enhancing quality child care. The site is a good source of information on child care and child care issues.

At: <http://www.wstcoast.org/index.html>

World Bank

This site is a knowledge source designed to assist policy makers, program managers, and practitioners in their efforts to promote the healthy growth and integral development of young children. The information is in recognition that for children to develop abilities to think, form relationships, and live up to their full potential, they need good health, good nutrition, and appropriate stimulation and interaction with others. This site acknowledges that a large body of research has proven the importance of early brain development and the need for good health and nutrition.

At: <http://www.worldbank.org/children/>

Zero to Three

This organization promotes the healthy development of infants and toddlers by supporting and strengthening families, communities, and those who work on their behalf. The site has many publications and resources that may be useful to presenters.

At: <http://www.zerotothree.org>



Facilitator Materials

The following are suggestions of materials that facilitators may find useful when preparing for presentations.

Module 1

Brynelson, D. (2000). *Giving children a healthy start: We're all in this together*. BC Council for the Families. (See Resources and References)

Hertzman, C. (2002). *Leave no child behind: Social exclusion and child development*. Working Papers Series, Perspectives on Social Inclusion. Toronto: Laidlaw Foundation

At: <http://www.laidlawfdn.org/programmes/children/hertzman.pdf>

Module 2

Thompson, R. A. and Nelson, C.A. (2001). Developmental science and the media: Early brain development. *American Psychologist*, 56, 5-15.

This article is a useful overview of the current knowledge on early brain development.

Executive Summary from *Neurons to Neighborhoods: The Science of Early Childhood Development*. See <http://www.nap.edu/books/0309069882/html/>

Module 3

Young, M. E. (Ed.) 2002. *From early child development to human development: Investing in our children's future*. Washington, DC: The World Bank. (With a specific emphasis on Chapter 3, From Child Development to Human Development.) At: <http://www.worldbank.org/children/>

Willms, D.J. (Ed.) (2002). *Vulnerable children: Findings from Canada's national longitudinal survey of children and youth*. Edmonton AB: The University of Alberta Press.

This is an excellent reference for understanding the characteristics and life experience of Canada's children from infancy to adulthood. The findings are based on data from Canada's National Longitudinal Survey of Children and Youth. It is an important database which service providers, community leaders, policy makers, program designers and legislators can use to inform decisions to promote optimal child development.

Order information at: http://www.unb.ca/crisp/VulChild_brochure.pdf

Module 4

Ministry of Children and Family Development (MCFD) publications on the MCFD website at <http://www.bc.gov.ca> (Click on Ministries):

Indicators of Childhood Health and Well-Being in BC

BC Baseline Report (October, 2002)

Measuring Our Success: A Report on Child and Family Outcomes in BC

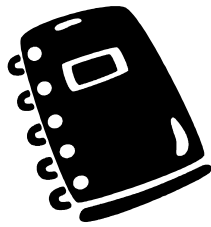
Measuring Success: Addendum, (January, 2003)

The Health and Well-Being of Aboriginal Children and Youth in British Columbia (June, 2002)

Mustard, F. & Picherack, F. (2002). *Early child development in British Columbia: Enabling communities*. Toronto, ON: The Founders Network of the Canadian Institute for Advanced Research (CIAR).

The report can be downloaded from:

<http://www.founders.net/fn/news.nsf/0/03e4a3f4789c339e85256be2006dcc59?OpenDocument>



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Indicators of Childhood Health and Well-Being in BC
BC Baseline Report (October, 2002)
Measuring Our Success: A Report on Child and Family Outcomes in BC
Measuring Success: Addendum, (January, 2003)
The Health and Well-Being of Aboriginal Children and Youth in British Columbia (June, 2002)
- Brynelson, D. (2000). *Giving children a healthy start: We're all in this together*. BC Council for the Families.
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- Federal-Provincial-Territorial Council on Social Policy Renewal (1999). *A national children's agenda: Developing a shared vision*. Ottawa, ON: The Agenda.
- Government of Canada. *New Federal Investment to Accompany the Agreements on Health Renewal and Early Childhood Development September 11, 2000 Announcement*. Author.
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- National Research Council and Institute of Medicine. (2000). *From neurons to neighborhoods: The science of early childhood development*. J.P. Shankoff &

D.A. Phillips (Eds.). Board on Children, Youth and Families, Commission on Behavioral and Social Sciences and Education. Washington, DC: National Academy Press. At: <http://www.nap.edu/books/0309069882/html/>

OECD (2002). *Understanding the brain: Towards a new learning science*. Paris France: OECD Publications Service.

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Willms, D.J. (Ed.) (2002). *Vulnerable children: Findings from Canada's National Longitudinal Survey of Children and Youth*. Edmonton AB: The University of Alberta Press.

Young, M. E. (Ed.) 2002. *From early child development to human development: Investing in our children's future*. Washington, DC: The World Bank. At: <http://www.worldbank.org/children/ECDtoHumanDevelopment.pdf>